

We are present, now with the publication of Vol. 9 No. 1, of the Ciencia y Actividad Física (CIAF) magazine.

Dear readers and authors, this is another opportunity to feel satisfied for reaching the moment of the publication of another issue of our magazine, in which we can show the result of the scientific work of local and Cuban authors. We extend our thanks from the Editorial Board, to the entire work team for their efforts, and once again to the collaborators for their commitment. We dedicate this edition to you, which contributes to the dissemination of research results in the area of physical culture and sport, of proven importance for human beings and above all, for their health and well-being.

The current number presents a pleasant proposal: The practice of physical-sporting activities in medical students; Analysis of shots on goal from positions 1 and 2 in the youth Water Polo; Procedure for teaching the Bullet Drive technique in a wheelchair.

The contributions related to: Exercises for Field Hockey goalkeepers in the 11-12 year old category, a proposal; Multifactorial analysis of injuries in baseball pitchers in a national series in Cuba; Specific tests for the control of agility in young beach volleyball players; Exercises to perfect driving in Field Hockey category 13-15 years; Technical preparation in school skaters from Villa Clara; Educational actions for the teaching of Chess from Cuban heroes.

Also interesting are: Combined plyometric exercises for reactive strength in a women's soccer team; Economic management for the commercialization of services of the Cuban Sports Research Center; FitSalud.Web for physical activity in bodybuilding practitioners with chronic non-communicable diseases.

We look forward to your collaborations to continue doing science in the field of physical activity and sport.

Dr.C Ana Odalis Ruano Anoceto

Chief Editor