

EDITOR'S LETTER

We are present, now with the publication of Vol. 6 No. 2, of the journal Science and Physical Activity (ScPhA).

We are very pleased to come to this moment, when we can show a new issue of our magazine. Goes, from the Editorial Board, a thank to the entire team, for their efforts, and especially to the collaborators for their support in these difficult times of pandemic, but which have once again demonstrated the importance of physical activity. for human health.

Our main objective is to disseminate the collaborations related to the Sciences of Physical Culture and Sport, it is for this reason that in this issue, articles related to clinical, morphological and functional evaluation in relation to physical activity in old adults are presented. ; the environmental dimension in the street plans in Camajuaní. A proposal of games; sports detraining in young athletes of high performance Athletics in Villa Clara; a program of physical recreation activities for adolescents of the Encrucijada municipality. An unavoidable necessity; actions for the treatment of aerobic resistance in students of the Chemical Engineering degree; study of free time in scholar students of Medical Sciences of Villa Clara; adapted physical and recreational activities in Río Seibabo Camping; as well as physical-recreational-educational activities for pioneers of the Pioneer Explorers Movement of Camajuaní, which bring us to be closer or offer tools related to physical activity and the training of its professionals.

We look forward to your collaborations to continue doing science in the field of physical activity and sport.

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