

We are pleased to present the publication of Vol. 12, No. 1 of the journal Science and Physical Activity (CIAF), a new issue that reaffirms our commitment to disseminating specialized knowledge.

Once again, we express our pride and satisfaction in having the opportunity to launch a new edition, which embodies the rigor and dedication of the scientific work developed by local, Cuban, and international authors. The Editorial Board wishes to extend its sincere gratitude to the entire team for their constant effort, as well as to the contributors for their unwavering commitment. To all of them, and especially to our readers, we dedicate this edition, designed to contribute to the dissemination of research results in the areas of physical culture, physical education, and sport; fields of recognized relevance to human beings and, above all, to their health and well-being.

This issue offers a particularly compelling selection, comprised of the following articles:

The educational inclusion of students with postural conditions in Physical Education classes; Physical Education and its influence on promoting school sports initiation; Recreational Guidance and the Life Skills Task in recreational activities in nature; Body Composition of High-Performance Soccer Players from Villa Clara According to Playing Positions; Execution Zones and Block Types in Youth Men's Volleyball in Cienfuegos; and Biomechanical Analysis of the Technical Execution of the Ballet Figure in Artistic Swimming Athletes from the Villa Clara EIDE School Team.

Also of particular interest are the contributions related to:

Specific exercises to structure the counterattack in Handball for the Cuban Women's National Team; Evolutionary analysis of physical strength capacity in Ecuadorian physical education; and Attention to children with Down Syndrome from a multimodal approach to Physical Rehabilitation. Teacher Training and Inclusive Physical Education: A Systematic Review and Exercises Based on the Motor Preferences of Athletes (11-12 years old) at the Rafael Trejo Gymnasium and The Psychological Preparation of School-Age Rifle Shooters: Considerations for Coaches

We eagerly await your contributions to continue building science in the field of physical activity and sport.

Ernesto Pacheco Rodríguez, Editor-in-Chief